

Eating Disorders

Dismantling The Stigma

Are you a carer of a loved one battling with an eating disorder?
If so, we are standing with you on this journey.

Project HOPE, in partnership with Carers Network, presents
Chat for Change, a free and interactive event featuring:

- **Eating disorder support and resources** – Learn about the resources available in the community
- **Speakers** – Hear from inspirational keynote speakers
- **Forum for carers** – Share your real-life experiences as we support one another
- **Fun activities for carers to participate in**

WHEN: SAT 30 APRIL 2016, 10.00am – 3.00pm

**WHERE: BEETHOVEN CENTRE, THIRD AVENUE, LONDON
W10 4JL (Nearest tube: Queen's Park)**

Please call Carers Network to book your place on:
0208 960 3033, or email: info@carers-network.co.uk